

# Patient Education Workshop

## Course Description:

The patient education workshop aims to equip nurses working with patients, basic teaching skills and tools targeting at patient education. Structured teaching activities are complemented with relevant content that address patient's health problems and provide sufficient information to garner patients' understanding on the treatment modality, pharmacological agents, change in health behaviours and compliance.

The course content includes construct a teaching activity, assess learning needs, assess readiness to learn, assess learning outcomes and providing constructive feedback.

## Course Content:

1. Introduction to Patient Education
  - Introduction
  - Definition/Concepts/Features
  - Patient education and patient safety
2. Patient as the Learner
  - Educational Theory and Philosophy
  - Learning needs & motivation
  - Breadth of teaching content: how much is enough?
  - Coaching the patient
  - Keeping it simple: use of logic and practicality
3. Constructing a Clinical Teaching Activity
  - Components of a teaching activity
  - Factors affecting teaching and learning
  - Resource and time management
  - Handling the patient learners
  - Barriers to learning and retention
4. Assessing Learning
  - Assigning tasks for evaluation
  - Observing a task performance: the return demo
  - Conducting an Assessment viva
5. Feedback
  - Giving feedback
  - Follow up actions to enhance learning
  - Getting feedback from the learners



### Course Information:

Dates	4 Apr 2026 17 Jul 2026 16 Oct 2026
Time	0830-1730 hr
Venue	Sengkang General Hospital 110 Sengkang East Way Singapore 544886 Exact venue will be announced in the confirmation email.
Course Fees	\$120 + GST = \$130.80
How to register?	To register, please email Ms Joanna Peh @ <a href="mailto:ned.staff@skh.com.sg">ned.staff@skh.com.sg</a> .